



CANCER SUPPORT
COMMUNITY
PASADENA

Serving the Greater San Gabriel Valley

ANNUAL REPORT



2021

CSCPASADENA.ORG

A Message from our Executive Director

Dear Friends,

A lean budget. That's what nonprofit organizations run on, and that's what donors like to see. It's safe to say that Cancer Support Community Pasadena (CSCP) has that...we keep our expenses low without jeopardizing program delivery.

A high-performance team. CSCP has that, too. I have witnessed our administrative and clinical team's tremendous dedication to our mission during the last two years, despite the constantly evolving nature of this COVID-19 pandemic.

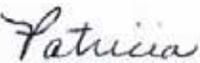
And there's one more thing needed to ensure CSCP's success... and that's all of you, our supporters and friends. Your decision to support CSCP is rooted in your desire to improve the quality of life for cancer patients and their families.

For our participants, your gifts to CSCP provide them with life-changing moments. For someone who is devastated by receiving a cancer diagnosis, you lift them up and out of their darkest moments by providing a sense of community and hope.

For you, we hope your gifts provide you with personal fulfillment driven by your desire to give back, to make a positive difference, to put your personal values into action, or to establish a family legacy.

As you will read in this Annual Report, your dedicated and generous support continues to make a measurable, positive difference for the women and men who reach out to CSCP, **so that no one faces cancer alone**. Thank you.

Stay happy, stay healthy, and stay with us in 2022.



Patricia V. Ostiller, JD, CFRE
Executive Director



A Message from the President, Board of Directors

What moves a nonprofit from good to great? Dedicated, knowledgeable, and passionate volunteer leadership!

CSCP is truly fortunate to have all these amazing qualities and much more from our Board of Directors who once again raised the bar in 2021 through their service and generosity. Board members enthusiastically helped to implement CSCP's diversity, equity, and inclusion endeavors, assured that CSCP continued to offer gold standard psychosocial services, and maintained financial stability while navigating pandemic changes, all while assuring that our fundraising efforts were a continued success. Our fabulous Guild and other volunteers were also crucial to achieving the results you'll see in this report.

My gratitude and heartfelt thanks to you for helping to sustain CSCP financially in 2021. I hope that CSCP has earned your continuing support.

Thank you for proving again that **community is stronger than cancer**.

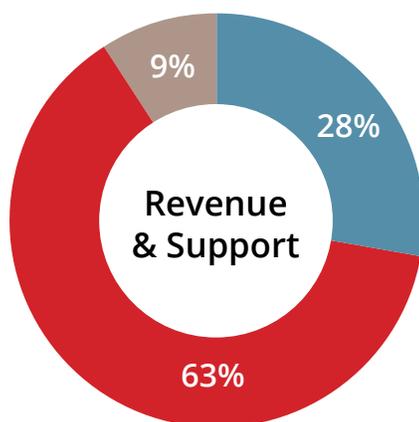
Eternally grateful,



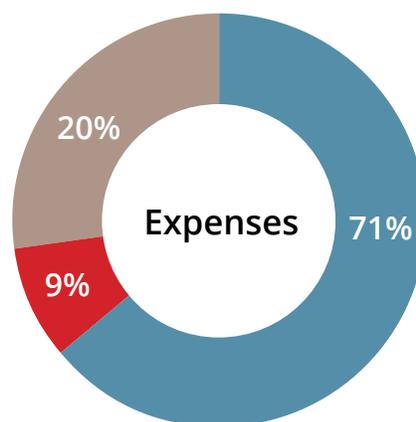
Kal Balian Antoun
Board President



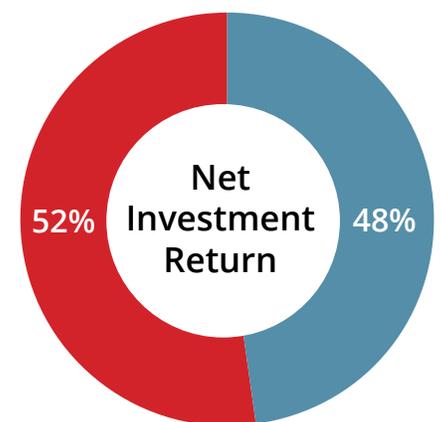
2021 Audited Financials



**Net Revenue From Events
Contributions & Grants
"PPP" Loan
Total Support & Revenue
\$1,323,090**



**Program Services: Community Care
Management & General
Fundraising
Total Expenses
\$1,048,736**



**Dividend & Interest Income
Realized & Unrealized
Gains
Total Investment Return
\$156,505**

	Audited 2020	Audited 2021
Change in Net Assets	129,909	430,859
Net Assets, Beginning	2,064,142	2,194,051
Net Assets, Ending	\$2,194,051	\$2,624,910

CSCP's Impact in 2021

"I was at a very low point in my life when I started coming. But it changed my world." - Sharon Johnstone, CSCP Participant

SUPPORT GROUPS

606 Sessions
4,440 Visits
6,797 Service Hours



Participants would recommend CSCP to others impacted by cancer.

EDUCATIONAL WORKSHOPS & SOCIAL ACTIVITIES

154 Sessions
1,707 Visits
1,951 Service Hours



Participants say that their quality of life has improved.

HEALTHY LIFESTYLE CLASSES

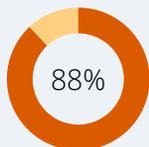
695 Sessions
3,517 Visits
4,260 Service Hours



Participants say they gained information that they found useful to better manage their treatment.

INDIVIDUAL SERVICES

908 Individual Support Services
402 Counseling Sessions



Participants are better able to cope with stress.

VOLUNTEERS

107 Program Volunteers
18 Board Members
54 Guild Members
1,764 Volunteer Hours



Our Participants Speak

I was feeling lonely and neglected 'till my friends introduced me to this organization. Now I have friends; I can turn to them for help. My life is busy with exercises, workshops, lectures, and fun times. Thank you CSCP for your great programs.

- Seta Anouchian

This is my second go-round with cancer, and my second time as a participant/patient. The support groups have been a way of grounding me and putting my cancer in perspective. The groups have calmed me and allowed me to share in a safe environment.

- Craig Pettigrew, stomach/esophageal cancer, diagnosed June 2021

Being in a support group in my native language with people that are going through this illness has been invaluable to me, and the classes have been very helpful. I have recommended it to other patients.

- Elsa Martin, ovarian cancer, diagnosed November 2020

Community is Stronger than Cancer

I attended the Return to Wellness Group...It was a perfect blend of support and education, combined with exercises that were easy to pick up and incorporate into my lifestyle. I'm so grateful for the relationships that developed.

- Amy Juhas

My support group...is integral to helping me manage this cancer diagnosis. The ladies in the group are very supportive and thoughtful. The group is essential for me!

- Ana Miranda Maldonado

This meeting is often the high point of my week! Our support group is a very close group, and I have been participating for almost three years now. I gain SO much from communicating with other cancer patients/survivors!

- Debra Casillas

Community Impact

877 Individuals Served

10,572 Total Visits

13,457 Service Hours



76 E. Del Mar Blvd., Suite 215, Pasadena, CA 91105
626.796.1083 | www.cscpasadena.org

Our mission is to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

2021 Administrative Staff

Patricia Ostiller, JD, CFRE
Executive Director

Alison Wong, PhD, LMFT
Program & Clinical Director

Kim Ferreira
Director of Events & Marketing

Julie Stevens
Director of Operations & Diversity, Equity and Inclusion

Rachel Koonse, MA, LMFT
Virtual Program Manager

Peggy Smith
Development Associate

Miranda Johnson
Office Manager

2021 Licensed/Registered Mental Health Professionals

Britta Amundsen, LMFT

Karence Belton, DMFT, LMFT

Cristina Gómez, PsyD

Morella Hammer, LMFT

Alina Krikorian, LMFT

Mary Nichols, LMFT

Daisy Rivera, LCSW, CSW-G

John Ruggles, LMFT

Winnie Wear, LMFT

Danielle Murrufufo, LMFT

Jordan Long, MA, AMFT

Cindy Mose, MA, AMFT

2021 Graduate Interns

Aries Cabuang,
Azusa Pacific University

Jennifer Gustafson,
Pacific Oaks College

Laurel Stewart,
Azusa Pacific University

2021 Board of Directors

Kal Antoun • *President*

Ellen Driscoll, Esq. • *Vice President*

Alison Gamble • *Treasurer*

Vicki Laidig • *Secretary*

Melissa Alcorn

Elizabeth Arnett

Deborah L. Bolton, RN

David R. Jones, PhD

Ellen Knell, PhD

George Mack

Ruben Marquez, Jr.

Serge Melkizian

Dana Naples

Stephen A. Ralph

Natalie K. Smalley

Bradley Talt

Sean Townley

Bill Ukropina

2021 Professional Advisory Network

For a list of our Professional Advisory Network, please visit cscpasadena.org/pan

A Big Thank You to...

- Our **Benefactors Society members** for your leadership gifts. 
- Our **Guild members** for working tirelessly on the best fundraising events in town. 
- Our **Gala and Ladies Night Out** sponsors, in-kind donors, and attendees for never wavering in your support. 
- Our new **Legacy of Hope members** for remembering CSCP in your estate. 
- Our 26 **foundation funders** for appreciating the importance of our mission.
- Our **volunteers** for always being there for CSCP.
- Our **local businesses and schools** for raising funds for us.
- Our **DEI restaurant partners**, for raising awareness about CSCP to under-resourced communities.
- Our **supporters** – for a list of our 2021 Victors Circle donors, please visit cscpasadena.org/vc2021.